

RULES & REGULATIONS

RULES ARE SUBJECT TO AMENDMENTS & CHANGES BY THE X-LEAGUE IN THE BEST INTEREST OF OUR PARTICIPANTS

Version 11 (Updated 21st Aug 2024)

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A Premier Social Footballing Experience Customized to YOUR needs and wants

The X-League is an IPOS & Trademark Registered company that is affiliated to the Football Association of Singapore. It runs customized social football leagues, friendly matches and social football events. The company is run by a team of dedicated professionals with proven track records in sports management, marketing and public relations.

Our number one priority is to provide a PREMIER social football experience that allows you to meet up with new and old friends on a weekly basis to at a location that's convenient to you!

We strive to provide high quality social football leagues, social events, tournaments and unparalleled membership perks! That's right; you'll get the skinny on everything hot in Singapore's social football scene keeping your calendar filled with throughout the year!

League Adoption System

The X-League boasts a unique league adoption system that allows its participants to benefit from its league sponsors and affiliates. This means that teams can now look forward to enjoying PREMIER perks at participating brands.

Top Referees

In order provide a PREMIER social football experience; All matches under the X-League umbrella are officiated by the best the country has to offer – Qualified and Registered FAS Referees.

All FAS registered referees undergo regular physical fitness and training programmes that ensure that they are physically fit and up to date with FIFA's Laws of the Game.

A Premier Experience at Affordable rates

We've got something for everyone; whether you want to play in the North, South, East or West in Singapore; against your friends, social networks or even complete strangers, the X-League will provide a customized experience at price competitive market rates.

Corporate/Social Football Events

Need a hand planning your next social football event or corporate competition? We do that too! We're your one stop shop for all your social football event planning needs!

Portfolio of Services we provide

- Customized Social Football Leagues
- Promotion/Relegation league structure
- Friendly Matches
- Corporate/Company Football Events
- Social Football Events

Contractual Agreement Between Team manager(s) and the X-League

- a) Team Manager(s) acknowledge and accept full responsibility for their team and are accountable for the team's operations and finances upon joining any competition or league organized by the X-League.
- b) By entering into a contractual agreement to participate in any competition or league established by the X-League, Team Manager(s) understand that failure to make payments by the specified dates may result in legal action. The X-League reserves the right to initiate legal proceedings against the Team Manager(s) in the event of non-payment or late payment of fees.
- c) Team Manager(s) are solely responsible for ensuring the payment of league fees. The X-League holds a contractual agreement with the Team Manager(s), who are responsible for collecting fees from their team's players.
- d) If a team is banned by the X-League, the Team Manager(s) will be required to settle the full league fee as stated in the legally binding contract signed by the Team Manager(s).
- e) Team Manager(s) are responsible for informing all players and staff in their team about the activities organized by the X-League. They also accept all risks of injury to any part of the body or damage to their/your property while participating in these activities.
- f) Team Manager(s) must ensure that all players and staff associated with their team are aware that there will be no medically qualified personnel administering activities organized by the X-League.

- g) Team Manager(s) are responsible for ensuring that all players and staff in their team read and comprehend the Rules and Regulations of the X-League.
- h) Team Manager(s) must inform the X-League at least six days in advance if their team is unable to play, in addition to the games teams are entitled to postpone. Failure to notify the X-League of their inability to participate may result in additional costs for the Team Manager(s).
- All information provided to the X-League shall be considered non-confidential unless otherwise stated. The X-League has the right to use or distribute the information without limitations. This includes permission for the X-League to use the names, photographs, and audio and/or visual recordings of participants in any publicity at its discretion.
- j) Each team can have a maximum of up to two team managers.

General Rules

- a) All teams will receive 3 points for a win, one point for a draw and no points if they lose a match. The team with the most points at the end of the season will be deemed the winner. Should the top teams be tied on points at the end of the season, the winner will be decided by goal difference. If both teams are also tied on goal difference, a playoff match will be organized to determine the winner
- b) Fair Play is the name of the game. Swearing at referees, fighting and any form of unsportsmanlike behavior will not be tolerated. FIFA football rules apply to all X-League matches. The X-League reserves the right to expel any team that compromises the integrity of the league
- c) Any team that abandons a match for no valid reason and without the approval of the referee will be deemed as a "noshow" in terms of the final result. The X-League reserves the right to punish any team with point deductions should such incidents occur

<u>Safety</u>

- d) In the interest of safety for all players, shin guards are compulsory for all X-League matches. The referee reserves the right to refuse any player from playing if they are found not wearing shin guards
- e) Any player that has a bleeding wound will be asked to leave the field of play and seek treatment. The referee reserves the right to refuse entry to the player should he/she deem the wound to be a threat to personal safety
- f) Violence, personal abuse/assault will not be tolerated at any X-League match. Aside from the team/s involved being suspended from the league, the X-League will also work closely

with relevant authorities to exercise Fair Play and protect its participants and match officials

- g) The referee has the right to deny a player from entering the field of play
 - i. should a player have any part of their body be in a cast
 - ii. should the referee suspect that the player has consumed alcohol prior to the match

X-League Overview

Saturday PREMIER League All matches played on Turf pitches/ Premier Grass Pitches 1 Match Official 				
Match Days	Saturdays Only			
Match Slots	1500			
Total number of	9*			
teams				
Total number of	16*			
games per team				
Prizes to be Won	 X-League Champion Trophy 20 x X- League customized Silver League customized Gold medals 20 x X- League customized Bronze medals 20 x X- League customized Bronze 			
Season Cost	SGD\$2,560 (\$160 per match)**			
Registration Fee	SGD\$80 (One time Registration fee)			

* At the discretion of the X-League ** Season Costs excludes play off matches and cup competitions.

Sunday PREMIER League All matches played on Turf pitches/ Premier grass pitches

Match Days	Sundays Only		
Match Slots	1100,1300,1500		
Total number of	9*		
teams			
Total number of	16*		
games per team			
Prizes to be Won			
	 X-League Champion Trophy 20 x X- League customized Silver medals 20 x X- League customized Gold medals 20 x X- League customized Bronze medals 20 x X- League customized Bronze 		
Season Cost	SGD\$2,560 (\$160 per match if 1 match official)		
Registration Fee SGD\$80 (One time Registration fee)			

* At the discretion of the X-League ** Season Costs excludes play off matches and cup competitions.

League Tables, Promotion & Relegation structure

X-League will use the following format with regards to league tables:

- a) Winning team receives 3 points
- b) Draws result in teams receiving **1** point each
- c) Losing teams will not receive any points
- d) If two or more teams are equal on points, the teams which has the greater goal difference (goals scored minus goals conceded) will ranked higher in the league
- e) If the goal difference is the same, a playoff match will be organized to determine the winner
- f) The top 3 teams will be promoted to a higher league
- g) The bottom 3 teams will be demoted to a lower league
- h) Teams that get expelled from the league: The X-League reserves the right to decide if all points, goals and cautions will be void & the team removed from the league table. This will be dependent on the matches the team has already played.
- i) MVP Points: Players will receive one point when voted by their own team and three points when voted by the opposition.

Promotion and Relegation

(Applicable to 11-a-side leagues with more than one division)

- j) Teams that finish in the top three positions of any league organized by the X-League will earn promotion to a higher division
- k) Teams that finish in the bottom three positions of any league organized by the X-League will be demoted
- Should a team from a higher division drop out at the end of the season; the team that finishes fourth in the league division below will be promoted
- m) The X-league reserves the right to deny and approve any promotions or relegations depending on the standard of the league and incoming teams at the start of every new season.

League Fees & Payment Options

- a) All enquiries and correspondence regarding league fee payment should be sent to our WhatsApp Mobile Number (90677397) or <u>admin@xleague.com.sg</u>
- b) League fee payment needs to be made by 8pm on matchday. Teams may choose to make payment either before their scheduled matches or after their scheduled match has ended.
- c) Upon request, all team/finance managers will be sent an invoice through e-mail within 24 hrs upon successful payment.
- d) Teams that have not settled their league fees within the deadlines stipulated (eg- 8pm on matchdays) will not be allowed to participate in any further matches until the matter is resolved at the discretion of the X-League.
- e) Team manager(s) may be required to sign a legally binding contract prior to the start of an X-League season to ensure that the running of the league is smooth flowing and that there are no disruptions to the league schedule.
- f) The X- League reserves the right to suspend any team(s) should they fail to settle league fee payment by the stipulated deadlines.

Payment Options & Methods

There are two ways teams can settle their league fee payments with the X-League.

1) Option 1- Full Payment

Prior to the beginning of a league season, teams can choose to pay the entire league fee at one go. This will leave teams hassle free* for the remainder of the season with no financial commitments to the X-League.

*Please note that this however does not include fees for games postponed due to unforeseen circumstances and *Weather Restrictions.*

2) Option 2- Installment Payments

Teams that choose not the settle the league fee at one go can choose the installment process where the league fee is collected on matchday.

Please note that this does not include fees for games postponed due to unforeseen circumstances and *Weather Restrictions.*

The X-League reserves the right to suspend any team that fails to pay their league fee on time or fails to pay the correct amount according to the league they are registered in.

The X-League also reserves the right to expel (Refer to signed contract) any team that fails to pay their league fee on time or fails to pay the correct amount according to the league they are registered in.

3) Team Drop-Out charges

- a) Teams that choose to drop out of the X-League once the season has started will be required to settle the full league participation fee. Regardless of the number of matches your team has played, team managers will be required to settle the remainder of their league fees owed to the X-League. Legal action will be taken against teams that fail to comply with the abovementioned rules.
- b) Teams that are expelled (Refer to signed contract/agreement) from the X-League, at the discretion of the X-League management (Eg- League Fee payment issues, Violent conduct, Rioting, Physical abuse of match officials) once the season has started will be required to settle the full league participation fee. Regardless of the number of matches your team has played, team managers will be required to settle the remainder of their league fees owed to the X-League. Legal action will be taken against teams that fail to comply with the abovementioned rules. This does not include other expenses incurred which include medical bills and medical treatments for the injured parties.

Fixtures and Scheduling

- a) Each season will generally last 6-7 months (NOT Including X-Cup and Tournament matches) depending on pitch availability and weather restrictions which are both beyond the control of the X-League
- b) X-League has the right to amend the location and timing of any fixture
- c) Teams are to check the fixture schedule weekly as locations/timings may be changed due to unforeseen circumstances
- d) Team managers will be informed via call/sms/e-mail/WhatsApp message of the timing and location of their teams matches
- e) Depending on the fixture schedule, teams may have to play on public holiday weekends

11-a-side Rules and Regulations

1) General

- a) All league matches will last 40 mins per half with a 10-minute interval for half-time
- b) A match may not start if either team consists of fewer than **seven** players
- c) Should a team end up with less than seven players as a result of injuries or sending-off, the match will be stopped and awarded 3-0 to the opposing team

2) The Referee

- a) If an object thrown by a spectator hits the referee, a player or team official, the referee may allow the match to continue, suspend play or abandon the match depending on the severity of the incident
- b) The referee has the power to show yellow or red cards during the half-time interval and after the match has finished as well as during extra time and penalty kicks
- c) The referee is authorized to stop play if he feels that the floodlights are inadequate
- d) The referee has the right to refuse entry to any player that is unregistered or doesn't have a jersey number. Should a player forget to bring his jersey, the team manager has to inform the referee before the match that the player may be wearing another numbered jersey
- e) The referee has the right to stop play if he feels that threatened by any player/s or match official/s. The X-League will not

tolerate referee abuse. Such incidents could lead to the player/s involved suspended and for extreme cases, the team expelled from the league.

3) Match Balls

- a) Each team will have to provide the referee with **two** match balls before the start of the match
- b) The X-League does not provide match balls (Depending on seasonal promotions). Each team is encouraged to bring a minimum of **3 or more playable match** balls together with a ball pump for each match
- c) Should a match get postponed or delayed as a result of both teams' not bringing 2 playable balls and a ball pump for a match, both teams will be penalized and made to pay the full fee for the match. The penalization fee will not be included as part of the overall league fee. The match will then be replayed at a later date.
- d) Case by Case basis

There are many scenarios that can be drawn from a team(s) not bring match balls. The X-League will review each scenario on a case by case basis. The X-League reserves the right to deduct points and fine any team that fails to meet the minimum requirements for each league match. Examples of such cases have been highlighted below

- i. Should one team or both teams fail to bring 2 match balls which results in the game being delayed
- ii. Should Team A have used up both their match balls (Balls are not retrievable) and Team B has no match balls
- iii. A match needs to be abandoned as a result of one team not having a minimum of 2 match balls

4) Kick Off

- a) Teams are encouraged to be at the match venue at least 30mins before kick-off as all matches need to start at the allocated kick-off timings
- b) A match may not start if either team consists of fewer than seven players. If a team is unable to field a minimum of seven players, the match will be cancelled and awarded 3-0 in the opponents favour
- c) Teams with less than 11 players at the time of kick-off can approach the referee and request for a 20min grace period. The decision to allow for the grace period will be at the discretion of the referee and X-League committee management staff
- d) Should a match be postponed due to a team being late for more than 20mins from the allocated kick-off time, the match will be awarded 3-0 in the favour of the opponents. The team that is late will have to bear the **full costs** for both teams
- e) If Kick-off is delayed because of the referee (No show, accident, traffic, etc...), the match will be replayed on another date. If there is no referee present at the field at the allocated kick-off time, team managers are encouraged to get in touch with the X-League management who will advise them accordingly
- f) In the case of a Referee No show
 - i. Both teams can choose to play a friendly amongst themselves for **free**.

5) Substitutions

- a) Each team is allowed a maximum of 7 substitutions (goalkeeper included) during the course of a match and unlimited substitutions at half-time. This is to prevent disruption of game play and to ensure a smooth flowing game
- b) Repetition of substitutes is allowed; however, team manager(s) are advised to monitor their respective substitutions and carry out a physical head-count before the start of the match
- c) No replacement of an injured player will be allowed should the team have already used up all the 7 substitutes
- d) All substitutes are to enter the field of play at the halfway line
- e) Should a team knowingly breach Rule 5(a) under the Substitutions Section, the match will be awarded to their opponents with a 3-0 score-line. The team found guilty of breaching the rules will also have to pay the full match fee for both teams
- f) No substitutions are allowed to be made during water breaks during the course of the match. Any changes made during water breaks will count towards the 7 allocated substitutions

Suspensions, Yellow and Red Cards

- a) A Player who is sent off for any of the sending-off offences stated under Law 12 in The Laws of The Game shall be suspended for the following two (2)matches. However, under these same laws, in the case where he is being sent off for receiving a second caution in the same match, he shall only serve a one (1) match suspension. The Player may also be referred to the Disciplinary Committee, who may after due inquiry impose sanctions and/or penalties over and above the mandatory sanctions and/or penalties on him.
- b) A Team Official who has been sent off by the referee under Law 12 in The Laws of The Game shall be suspended from the touchline for the following one (1) match. The Team Official may also be referred to the Disciplinary Committee, who may after due inquiry impose sanctions and/or penalties over and above the mandatory sanctions and/or penalties on him.
- c) Subject to the provisions of section 9, Point A above, a player who has accumulated two (2) red cards in the course of the competition shall be suspended for an additional one (1) match. This suspension shall be additional to the mandatory suspension that the player shall serve as a result of his sending-off offence under the provisions of section 9, Point A. The player may be referred to the Disciplinary Committee, who may after due inquiry impose sanctions and/or penalties over and above the mandatory sanctions and/or penalties on him.
- d) Any team that has accumulated **30** disciplinary points during the competition shall be referred to the Disciplinary Committee, who may after due inquiry impose sanctions and/or penalties over and above the mandatory sanctions and/or penalties on the team which may include immediate removal or removal from the X-League for the following season.

- e) A Player who has received three (3) yellow card cautions in the course of the competition shall automatically be suspended for the following one (1) match in the said competition.
- f) The Club and Player shall be responsible for monitoring the record on the yellow and red cards and suspensions accumulated by their respective players in the respective tournaments. Team managers are highly encouraged to check on suspended players as fielding ineligible players will lead to a walkover.
- g) Teams that allow suspended players to participate will automatically lose the match 3-0 with the match deemed a walkover. Both teams will still pay the match fee as per normal.
- h) Any disciplinary measures imposed by the Referee on the field of play are final with exceptions being made for possible modifications arising from corrections made to the Referee's Report.

Off The Ball Violent Conduct

- a) A player can be sent off if he/she commits any of the following offences
 - i. Serious foul play
 - ii. Violent Conduct
 - iii. Spitting at an opponent or any other person
 - iv. Denying the opposing team a goal or an obvious goalscoring opportunity by deliberately handling the ball
 - v. Denying an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offence punishable by a free kick or a penalty kick
 - vi. Using offensive, insulting or abusive language and/or gestures
 - vii. Receiving a second caution in the same match
- b) Players that have been shown the red card will be suspended for the following scheduled match
- c) Any team that has a player sent off for offences (**1**, **2** & **3**) may face further suspension depending on the seriousness of the incident. The X-League will work closely with the FAS referees' department and competitions department to determine if further action needs to be taken against the player at fault and the team he represents.
- d) Further action will be taken against teams with repeat offenders at the discretion of the X-League
- e) Teams MUST submit an incident report following serious incidences that occur during a match fixture. (E.g. Violent Conduct, Inappropriate behavior, etc...)
- f) Player(s) who are red carded in cup matches will not have their suspensions carried forward to league matches. Their suspension(s) however will be carried forward should their team qualify for the next round of the cup competition

Protocol for Match Reports

- a) All team managers are to check with the X-League staff and the match official in charge of the game on the details pertaining to the match such as goal-scorers, cards & MVP votes. This is to be done immediately after the final whistle has been blown.
- b) All team managers are required to check on the names and jersey numbers of goal-scorers and players that have received cautions during a game to avoid any discrepancies with submissions online
- c) In the case of any discrepancy with regards to goal-scorers and cautions, the X-League will take the referee's submission as final
- d) Teams that face technical problems submitting their match reports online are encouraged to submit their reports to <u>admin@xleague.com.sg</u>. The X-League will then upload the report on the teams' behalf
- e) False submission of goal-scorers and cautioned players will lead to an automatic disqualification of the Top Scorer & Fair Play awards at the end of a season for the entire team
- f) If the team manager makes an honest error during the submission process, he/she has 24hrs to inform the X-League of the error to avoid the disqualification

Match Report Guidelines

The Match Report System provides a wholesome social footballing experience & will give players the opportunity to relive memorable moments during matches. Teams are highly encouraged to keep match reports fun and exciting by focusing on and highlighting the positives of each game.

g) The X-League will <u>NOT</u> tolerate any form of negativity and abusive language towards the Organizers, Match Officials & Opponents. The X-League reserves the right to penalize any team with point deductions should teams fail to comply with the match report guidelines. A disciplinary committee will decide on the severity of the punishment which could lead to a ban from the league entirely

Protocol for Incident Reports

An incident report can be made and submitted by players of the team and/or referee(s) to the X-League.

Teams MUST submit an incident report following serious incidences that occur during a match fixture. (E.g. - Violent Conduct, Inappropriate behavior, etc...)

- a) The incident report must be filed within 24 hours following the game in writing via email with full details of the occurrence of the incidence(s)
- b) The X-League, upon receiving the incident reports will have the right to ask the team manager(s) and referee(s) on their version of the incident. The report can either be kept confidential or made known to those involved in the incident by the X-League
- c) The outcome of the decision will be sent via email after thorough investigation by the X-League and action will be taken accordingly based upon the seriousness of the incident reported
- d) An internal meeting may be called for a Disciplinary Committee to review the incident at the discretion of the X-League
- e) Teams can submit an appeal within a 14 day grace period once the final verdict has been delivered. The X-League will then call for another Disciplinary Committee meeting to decide on the fate of the verdict. The X-League however, will not interfere with any disciplinary actions made against teams and player/s by the Football Association of Singapore nor can these actions be overturned.

Match Pitches

- a) In order to provide a Premier social footballing experience, the X-League strives to provide its participating teams the best available field surfaces on a weekly basis and is constantly on the lookout for new, quality fields for our teams
- b) Team Managers are advised to check fields of play before games for potential injury causing objects such as glasses and stones. Managers should also check nets to see if they're properly tied or have holes in them. Any discrepancies should be reported to the referee or field caretaker before the match has kicked-off
- c) Playability of pitch will be decided by the referee and field manager and not by teams or their managers
- d) X-League will not be held responsible for any damage to public/private property (Cars, Windows, Toilets, etc). Teams will be solely responsible in such circumstances

Postponement of Matches and No Show

All teams competing in the X-League are allowed up to ONE (1) league game postponement per season. (See section on Fixtures and Scheduling)

 In order to provided a PREMIER football experience all teams that are made up of majority Muslim players, will be allowed to postpone all their matches during the Ramadan(Fasting Month) period

1) Postponement of Matches

- a) All postponement requests **MUST** be done at least <u>6 days</u> before the match schedule through WhatsApp Message (90677397) or e-mail: <u>admin@xleague.com.sg</u>
 E.g. If your game has been scheduled for Sunday 1pm, you must inform the X-League before Monday 1pm
- b) Teams that request for a postponement before the <u>6 day</u> deadline will not be charged as long as no prior arrangements have been made between the league and its participating teams
- c) The X-League reserves the right to deny any postponement request should any team use up their one game postponement option
- d) Teams that ask for a postponement lesser than the <u>6 day</u> period stated above (for whatever reason- Weddings, Engagements, Death of friends/family members, etc), will have to bear the **full cost** (\$160-Premier League) of the game but only for their team
- e) Teams that request for last min postponement (Less than 48 hrs for whatever reason- Weddings, Engagements, Death of friends/family members, etc), will be charged the full cost of

both teams (\$320-Premier League) and the match awarded as a walkover (3-0) to their opposition

- f) The X-League reserves the right to deny any postponement request if it affects the league finish date and impairs the start of a new season
- g) The X-League reserves the right to deny postponement requests against any team that has faced more than four postponements during the course of a season. Should your team encounter such a situation, you will have to continue with the scheduled match as per normal. No Show charges, as stated below, will apply
- h) The X-League reserves the right to waive Postponement & No Show fees and follow through with any postponement requests at any time should there be a death to any registered player within the participating team

2) No Show

- a) The X- League defines "No Show" as the following
 - i. A team not turning up for a fixture at all
 - ii. Fielding **fewer than 7 players** at the field ready to kick off after 20 minutes of the allotted kick off time
- b) In the case of a "No Show" for a fixture set by the X-League, the team involved will be charged the full cost of both teams (\$320-Premier League) and the match awarded as a walkover (3-0) to their opposition.
- c) The team present at the pitch may use it free of charge at their discretion for training purposes.
- d) Matches can only be postponed via WhatsApp Message (90677397). A match is only deemed postponed once they receive a reply in writing through WhatsApp. Teams are strongly encouraged to call the X-League admin staff should they not get a response through WhatsApp within 24 hrs. Please note that if a team has already postponed one league game, a second postponement will be subject to the points under Section 14.

Pre Season Block Out Dates

- a) Team managers may request for up to four Block Out dates before the course of a season. This is when teams know in advance that will not be available (E.g. - Overseas trips, weddings, etc...) for a period of time during the season
- b) Block out dates are **NOT** the same as postponement requests
- c) Team managers can use the Block Out date option as rest weekends for their teams
- d) All fixtures posted on the X-League website should be taken as Confirmed unless stated otherwise. Team managers that wish to postpone their matches should refer to the **Postponement** of Matches and No Show section of the Rules & Regulations

Player Registration

- a) All team managers are required to fill a player registration list before the league commences
- b) All team managers are required to register all players according to their full names (As it appears in their NRIC/Passport) online.
 - Player names & NRIC numbers (Passport numbers for foreigners) must be submitted accurately (For player identification purposes). All information submitted is confidential and will not be displayed on the website. Team managers will however have the option to submit a shortened version of player names online. (Eg: Registered name- Mohammad Hadi Bin Abdul Osman, Online Name- Hadi Osman)
- c) Teams are required to register their players according to the jerseys numbers of their home kit
 - ii. Should away and third kit numbers not match the home jerseys, the team manager is required to inform the X-League prior to the commencement of a league season
- d) Team managers are required to notify the X-League of any additional players in their respective teams through e-mail and also update their team profile list online accordingly
- e) Random checks will be made within the course of the season to ensure that only registered players participate with the X-League
- f) All current, registered and contracted Singapore Premier League (SPL), Prime League, SFL & IWL players will not be allowed and are not permitted to play in the X-League. It is strictly for social footballers.

- g) Should any team play a SPL/ Prime League/ SFL/ IWL/unregistered/ suspended/ ineligible player, the match will be deemed a walkover and awarded to the opposition with a 3-0 scoreline. Both teams will still pay the match fee as per normal
- h) Players are only allowed to represent one club within a league at any point in time. However, should your team participate in the Sunday league he will be allowed to play for other leagues within the X-league such as the Midweek/Saturday league
- Player sharing is not permitted in the X-league. Should your opponents be short of players, you will not be allowed to 'loan' your substitutes to them
- j) The abovementioned rules have been implemented to ensure that Fair Play is exercised throughout the X-League and to ensure that
 - i. Banned players do not participate in the X-League
 - ii. Players to not represent more than one club in a specified league
 - iii. Red carded players can be identified

Team Photographs & Identification

- a) All teams are required to submit a team photograph to the X-League a week before commencement of the league season
- b) All team manager(s)s are required to send the X-League their team logo/badge together with their sponsor logo a week before the commencement of a league season
- c) All teams are encouraged to submit photographs of their matches (Max 30) which will also be showcased on the X-League Facebook Page (http://www.facebook.com/XleagueSg). Pictures can be e-mailed to admin@xleague.com.sg

Section 18

Minimum Age Limitations

- 1) All leagues are open to players aged 18 & above
- 2) Teams that wish to field players under the age of 18 may do so under the following conditions
 - i. Teams need to fill a consent form* template approved by the parent/guardian of the player
 - ii. Teams need to inform and submit the form to X-League at least two days before the commencement of a match
 - iii. Parents/guardians of players below the minimum age limit should be fully aware of all liability claims of the X-League

*Teams may request for a consent form from admin@xleague.com.sg

Team Colours, Jerseys & Equipment

- a) Teams are advised to have a minimum of two sets of jerseys, both of different colours. This will help prevent teams from having the same colours on during a game. Home team always gets priority over jersey color preference
- b) The X-League will not be held responsible for jersey color clashes on match day. Team managers are advised to check and highlight possible jersey color clashes to the X-League management
- c) The X-League will not provide bibs in the case of team jersey color clashes. All teams are advised to bring two different colored sets of jerseys for each scheduled match
- d) Goalkeepers must wear colours that distinguish themselves from the other players in the field of play
- e) Every team MUST have a minimum of 1 pair of matching jerseys and shorts. Matching socks are strongly advised but not compulsory
- f) All jerseys should have numbers. Referees have the right to not allow players to play should they not have a number on their jersey
- g) **Shin Guards** are **compulsory**. Players without shin guards will be refrained from entering the field of play
- h) Players are not allowed to wear any form of jewellery, accessories (rings, chains, ear/nose/tongue-studs, etc...)

Weather Restrictions

In order to provide a PREMIER social football experience, the X-League reserves the right to postpone any match due to bad weather conditions at their discretion.

- a) Only the referee, X-league organizers and ActiveSg Staff have the right to postpone a match due to bad weather and in line with the lightning warning alert system (LWS) at match venues
- b) As long as the LWS system has been activated at any match venue, the match cannot resume until it has turned off completely.
- c) The result of a match will stand and the game deemed completed if 20mins of the 2nd half of a match has been played should a match be stopped due to bad weather or any other valid reason
- d) The whole game will be replayed on another day if less than 20mins or 60mins of the 2nd half of the second half has been played unless determined otherwise
- e) If a game kicks off, but does not reach the 60th min mark or 20mins of the second half, both teams will be charged SGD\$90 instead of SGD\$160 and the game will be deemed as a friendly match.
- f) Rescheduled matches- Both teams will be charged a normal match fee (SGD\$160) for the rescheduled match. The score from the previous match will be nullified and the match will be replayed from the start

In the case should a field be found to be unplayable due to weather, feedback to the X-League is appreciated and the match will be postponed accordingly.

Medical Liability Claims

- a) The X-League will **NOT** take responsibility or be liable for any injury, loss, death or other damage incurred to the team or their players, their family and/or property during participation in any of the football league activities and/or use of equipment and/or facilities in connection with the football league activities
- b) Players participating in any game under the X-League will be at your own risk. Referees and X-League staff are not medically trained for any injury aid assistance
- c) No trained medical staff will be provided/present at any of the venues for any fixture organized by the X-League unless informed otherwise
- d) Teams are advised to bring their own First aid kits as they will not be provided by the X-League during any match fixtures.
- e) Teams are advised to take up sports injury rehabilitation packages offered by affiliates of the X-League

Smoking Prohibitions and Trespassing at Pitches & Educational Institutions

The X-League has the right to act accordingly and take action upon any team or its' players who are found violating the below mentioned:

- 1) **Smoking** is **STRICTLY PROHIBITED** inside any pitch located within a school/education institution, government institution or stadium compound
- Please inform any of the X-League staff members present at your game should you find anyone smoking in the above mentioned (1) places
- Trespassing into any school/education institution and government institution is STRICTLY PROHIBITED. All football activities must be confined to within the facility premise.
- 4) Parking is also not allowed within the school premise surrounding or adjacent to the facility premise.
- 5) The X-League reserves the right to fine and remove any team that is found guilty of the offences listed above.

The X-League requests full co-operation amongst teams, its' players and team manager(s) to abide by the above mentioned rules to avoid any inconvenience.

PRIZES

• All teams competing in the X-League stand to win attractive prizes at the end of each season as displayed in the charts below.

Premier League Games (Saturday & Sunday)

Champion	1 st Runner-Up	2 nd Runner-up
 X-League Champion Trophy 20 x X-League Gold medals 	20 x X-League Silver medals	20 x X-League Bronze medals

X-Cup Games

Champion	1 st Runner-Up
 Cash Prize* X-Cup Champion Trophy 20 x X-Cup Gold medals 	20 x X-Cup Silver medals

- Teams can use their free games before the start of each season for friendly matches should they choose to do so
- Should a team pull out of the X-League at the end of the season; no cash value will be given to replace the free matches.
- Cash Prize will be announced before the commencement of the competition.